

Ready for School. Set for Life.

Partnering with parents and families to help all children, ages birth to 5, stay healthy and succeed in school

# **Family Guide to First Things First Funded Programs in Northwest Maricopa**

#### **Contact**

#### Do you have parenting questions or need advice?

#### Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions.

#### **Southwest Human Development**

1-877-705-KIDS (5437)

#### Are you a parent or caregiver looking for resources and support?

#### **Family Resource Centers**

Strengthens families of young children by providing locally-based information and instruction on health and child development issues.

#### **Benevilla Family Resource Center**

Call for times and locations throughout the Northwest Valley. (623) 207-6016

**Sunset Ridge Family Resource Center** (623) 772-2339

**Bicentennial South Family Resource Center** (623) 237-5244

Landmark School Family Resource Center (623) 237-4180

Peoria Unified Family Resource Center (623) 773-6681

**Deer Valley Unified Family Resource Center**(623) 445-4727

# Family Support for Children with Special Needs

Building Bright Futures provides in-home support for parents of children birth to five with identified developmental delays who are not eligible for publicly-funded early intervention services i.e. AzEIP, DDD, Head Start, School District Special Ed.

#### **Child and Family Resources**

(602) 234-3941

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#### Are you a parent or caregiver looking for resources and support?

#### **Parent Education Community-Based Training**

Strengthens families with young children by providing voluntary classes in community-based settings. Targeting grandparents raising grandchildren and pregnant and parenting teenagers ages 12 to 21.

# Benevilla Grandparents Raising Grandchildren Program

(623) 207-6016 for times and locations of support groups and classes.

**Teen Outreach Pregnancy Services** (623) 334-1501 for times and locations of support groups and classes.

# Parenting Arizona

(602) 248-0428

## Parents as Teachers Home Visitation Program

Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

### Do you want information about your child's physical health?

#### Safety, Nutrition, Activity and Care for Kids

Inspects car seat installations and provides car seat education and provides nutrition and physical activity guidance to childcare providers.

#### **Oral Health**

Decreases preventable oral health problems in young children. Provides oral health screenings and fluoride varnish in a variety of community-based settings.

#### **Care Coordination Program**

Improves children's health care and future development by ensuring they have a regular source of care.

# Maricopa County Department of Public Health S.N.A.C.K Program (602) 506-6850

Maricopa County Department of Public Health First Teeth First Program (602) 506-6888 for locations and times

Maricopa Integrated Health System Glendale (623) 344-6700 El Mirage (623) 344-6500

# Do you need to find quality child care for your infant, toddler or preschooler

#### **Child Care and Pre-K Scholarships**

Provides scholarships to children to attend quality early care and education programs.

# **Early Learning**

Resources for finding quality child care and preschool programs.

# First Things First Northwest Maricopa Regional Partnership Council

#### For more information contact:

Christina Lyons, Regional Director at clyons@azftf.gov or Juan Marquez, Community Outreach Coordinator at jmarquez@azftf.gov or (602) 771-4965

#### **Quality First Scholarships**

(602) 240-6324 azftfscholarships.org

## **Quality First**

qualityfirstaz.com

The NW Maricopa Region includes the cities/towns of: Glendale, Surprise, Aguila, El Mirage, Morristown, Peoria, Sun City, Sun City West, Wickenburg, Youngtown, Waddell & Wittman.